



Developing a Long Term Plan for Devon

NHS Long Term Plan

- § Sets out the direction for the NHS over the next five years, describing how it will spend the £20.5bn additional funding.
- § Huge shift in **community focus** and spend that will grow quicker than any part of the NHS – partners have a significant opportunity in relation to –
 - n Health and care integration
 - n Prevention and early support
 - n Health inequalities
 - n The wider determinants of health
 - n Giving children the best start
 - n Living well in older age
- § The inclusion of **housing** is a notable and welcome addition from the NHS, an acknowledgement of the wider determinants of health and the role of other statutory organisations



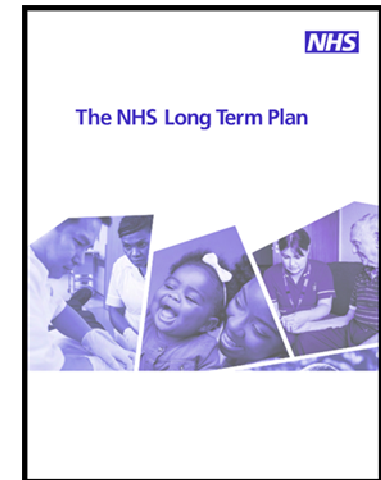
NHS Long Term Plan

§ The plan signals **continuity** rather than change and balances national direction with **local autonomy**. Set out over three broad areas:

1. Improving quality and outcomes
2. New service models
3. More action on prevention and health inequalities

Every area:

- Will have **an Integrated Care System in two years time**.
- Will shape its **own local long term plan** by the Autumn. **This is an ask of the STP not of CCGs** – preparations already underway
- Will be **supported by Local Healthwatch** to facilitate community conversations to shape local long term plans



Our health and wellbeing challenges

As part of the STP, councils and the NHS have identified the following challenges in JSNAs and other information:

- An **ageing** and **growing population**
- Balancing access to services in both urban and rural localities
- Complex patterns of deprivation linked to earlier onset of health problems in more deprived areas (10-15 year gap)
- **Housing** issues (low incomes / high costs/ poor quality in private rental sector)
- Giving **every child the best start** in life and ensuring children are ready for school
- Poor **mental health** and wellbeing, contributed to by social isolation and loneliness
- Poor health outcomes caused by modifiable behaviours
- Pressures on services (especially unplanned care) caused by increasing long-term conditions, multi-morbidity, mental health and frailty.
- Unpaid care and associated health outcomes
- Shifting to a **prevention** and **early intervention** focus



Joint Health and Wellbeing strategy priorities

Devon

1. A focus on children young people and families
2. Living well
3. Good health and wellbeing in older age
4. Strong, safe and supportive communities
5. Lifelong mental health

Plymouth

1. Integrated health & wellbeing, promote choice & personal responsibility
2. Addressing health inequalities
3. Best outcomes for children
4. Supporting adults with health and care needs
5. Strong and safe communities
6. Health-enabling transport system
7. Optimising natural environment health benefits
8. Meeting local Housing needs
9. Accessible, excellent health services

Torbay

1. Working together to promote good health and prevent illness at scale
2. Enable children to have the Best start in life
3. Build Emotional resilience in young people
4. Create places to live healthy, happy lives
5. Support those living complex lives
6. Enable people to age well
7. Promote good mental health

Common areas of priority between the strategies:

1. Common vision around **reducing health inequalities** and addressing **wider determinants** of health
2. **Mental health** across the life course
3. A focus on **communities, housing** and the built environment
4. Giving **children** the best start in life
5. A focus on **living well**, encouraging **health lifestyles** and **prevention**
6. Maintaining **independence** and good health into older age



We will engage on six main themes for the future



- Greater focus on population-based health outcomes
- Helping people to live healthier lives
- Enhancing how we help those needing mental health support
- Improving primary and community services
- Better integrating health and social care services
- Reviewing and developing hospital-based clinical services



1. Greater focus on population-based health outcomes



More focus on strategies which have an impact on health and wellbeing in Devon

NHS, local authorities and other partners will work together to help people and communities control their own future

The approach will address the aims of helping people and communities in Devon to become more healthy, connected, safe, prosperous and resilient

2. Helping people to live healthier lives

Tackling environmental and social conditions to promote good health

Encouraging healthier behaviour so people do not become ill

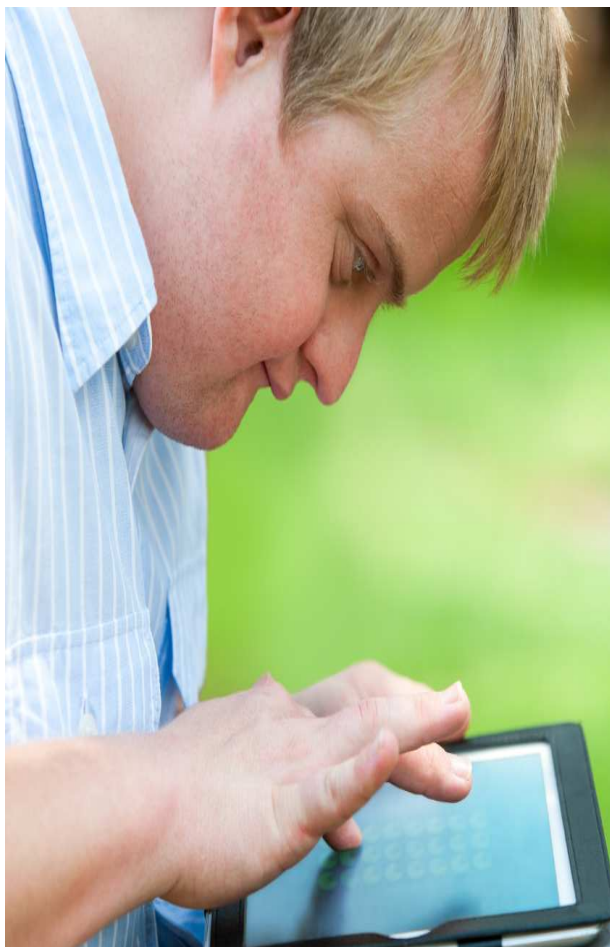
Changing behaviours and managing early illness to prevent progression

Addressing loss of independence in established illness

Promotion of well-being and self-care



3. Enhancing how we help those needing mental health support



Continue to close the **investment** gap between mental and physical health

Improve provision for people with **severe, long-term mental illness**

Improve **physical** health care for people with mental health problems and **psychological** care for people who have physical health problems

Enable people with **learning difficulties** and autism to have the same opportunities as everyone else, including support for employment and housing

Offer individual support to people with **dementia** and their families

4. Improving primary and community services

Boost investment in primary and community health services – spend that will grow faster than any part of the NHS budget

Transform general practice as set out in the **GP Five Year Forward View** to improve resilience and access

Enhance primary care and community services to provide more **appropriate and timely** care for people seeking help, and reduce hospital admissions

Continue to offer and enhance GP services, including **online consultations**, evening and weekend appointments, and the ability to book GP appointments through **111 Online**



5. Better integrating health and social care services



Implement a **new Integrated Care System** to bring the whole health and care system together to benefit our population

Take a whole person approach incorporating both physical and mental health, so people can remain in their own homes

Better involve and support the **voluntary sector** and **carers**

Implement evidence-based interventions to better support **care home** residents and reduce hospital admissions

6. Reviewing and developing hospital-based clinical services



New **Clinical Service Strategy** aims to provide a strategic view of the configuration of clinical services for the next 10 years and beyond

There is an outline agreement to conduct this review with colleagues from **Cornwall** recognising existing clinical networks and pathways

Provide a roadmap for **sustainable** clinical services, focusing on improving clinical and population outcomes and making best use of our workforce, funding and resources

Describe where services are best provided by working more closely together in clinical networks of care

Building on progress across the system

- Continuity rather than changing how partners work together. Including with Elected Members through existing governance arrangements and building on their local leadership in communities
- Existing collaboration across the STP: the jointly developed STP plan and alignment with DCC's 5 Year Plan for Adult Social Care
- The same things remain important to people and will continue to be our focus of system partners
- In planning for the longer term we must ensure we are focussed on the right challenges across the system, places and neighbourhoods
- The annual refreshing of plans will keep pace with population needs, system ambitions priorities and arrangements



Promoting Independence in Devon

Our 5 Year Plan
for Adult Social Care
2018

Devon Sustainability and Transformation Partnership (STP) plan

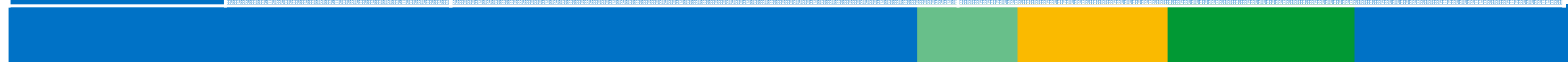
Two-year report



Light engagement:
Broad themes (population health, prevention, mental health, primary care, integrated care and clinical services)

Detailed engagement: specific plans, ambitions, changes and challenges

	March	April	May	June	July	August
Health and wellbeing boards	Plymouth 7/03 Torbay 14/03	Devon 11/04 Joint meeting with chairs of the three boards to plan future STP and Governance Session HWB Officer Leads	STP and Governance meeting (HWB and Scrutiny)	Potential meeting in common (TBC)		
Scrutiny Committees	Devon 21/03 Plymouth 20/03			District Scrutiny Committees	Possible Joint Scrutiny Meeting	
MPs		Meeting in London with STP leadership (Phil and Suzi) Parliamentary Recess 04/04 – 23/04				
Other Councillors (such as Districts)		Briefing on and prepare key messages for engagement Joint DAS meeting	Councillor inductions post election	Councillor inductions post election Engagement with communities led by elected members and clinical leads		
Patients / Public	PPG - briefing underway- co-designing approach Healthwatch – develop a shared plan for survey and focus groups	Healthwatch survey PPGs 10 protected characteristics groups/hard to reach – Other groups to be determined at place level		Citizens Panel Joint Engagement Forum / DoPC Young People's Parliaments		



How we could work together

Health and Wellbeing Boards and Scrutiny Committees could assist with:

- § **Democratic accountability** – providing established governance and scrutiny
- § **Engaging partners** on the wider determinants of health e.g. housing and leisure
- § **Leadership in communities** – helping to provide the community narrative alongside the data

